

Community Health Needs Assessment

Implementation Strategy

May 15th, 2014

Mount Sinai Health System

The following implementation strategy has been devised to address the community health needs reported on for the Mount Sinai Health System. The Mount Sinai Health System is the combined entity of Mount Sinai Hospital, Mount Sinai Queens, Beth Israel Medical Center (now Mount Sinai Beth Israel), Beth Israel Brooklyn (now Mount Sinai Beth Israel Brooklyn), St. Luke's-Roosevelt Hospital Center (now Mount Sinai St. Luke's and Mount Sinai Roosevelt) and the New York Eye and Ear Infirmary (now the New York Eye and Ear Infirmary of Mount Sinai).

Separate health needs assessments were filed for Mount Sinai (including Queens), Beth Israel (including Brooklyn), St. Luke's-Roosevelt Hospital Center and The New York Eye and Ear infirmary. While each of the campuses will be addressed individually in this report, the formation of this integrated health system makes it necessary to look at the assets that the system brings to the delivery of health care needs in the communities we serve.

It should also be noted that as of the writing of this report we are currently less than eight months into the formation of this system. Therefore not all service and programmatic decisions for each campus has been fully developed or implemented.

About the Mount Sinai Health System

The Mount Sinai Health System is an integrated health system committed to providing distinguished care, conducting transformative research, and advancing biomedical education. Structured around seven member hospital campuses and a single medical school, the Health System has an extensive ambulatory network and a range of inpatient and outpatient services—from community-based facilities to tertiary and quaternary care.

The Mount Sinai Health System combines the Icahn School of Medicine at Mount Sinai and seven hospital campuses to provide the highest quality health care throughout the New York metropolitan area. Our integrated resources and expertise offer patients comprehensive care from birth through geriatrics, including complex cases. This newly established system significantly expands our geographic footprint and increases our number of beds to 3,535. Also of note are the following statistics associated with this combined entity:

- 7 hospital campuses: Mount Sinai Beth Israel, Mount Sinai Beth Israel Brooklyn, The Mount Sinai Hospital, Mount Sinai Queens, Mount Sinai Roosevelt, Mount Sinai St. Luke's, and New York Eye and Ear Infirmary of Mount Sinai
- 12 ambulatory surgical centers
- 10 free-standing ambulatory surgical centers (minority owned)
- Approximately 45 ambulatory care practices (nonsurgical services)
- More than 40 clinical and academic relationships with local health care organizations

- More than 30 affiliations with community health centers
- More than 200 community locations where health system physicians serve throughout the New York metropolitan area
- Approximately 6,200 physicians, including general practitioners and specialists

Implementation by campus

The Mount Sinai Hospital: A 1,171-bed tertiary- and quaternary-care teaching facility founded in 1852, The Mount Sinai Hospital is located on the border between East Harlem and the Upper East Side and serves one of the most diverse patient populations in the world. The hospital consistently earns Magnet status for nursing care, and it is the only medical center in New York State to have earned Disease-Specific Care Comprehensive Stroke Center Certification from the Joint Commission. In the 2013-14 “Best Hospitals” issue of U.S. News & World Report, the institution ranked as one of the top 25 hospitals in seven specialties nationally. Its Kravis Children's Hospital at Mount Sinai was named in U.S. News & World Report's 2013-14 “Best Children's Hospitals” issue with top rankings in 7 out of 10 pediatric specialties.

Mount Sinai Queens: As a 235-bed licensed acute care facility in Astoria, Mount Sinai Queens provides adult medical and surgical services, with a team of nearly 500 physicians representing about 40 medical and surgical specialties and subspecialties. Recognized as a leader in stroke care, Mount Sinai Queens is designated by the New York State Department of Health and the Joint Commission as a primary stroke center. Between the physicians and staff, 35 languages are spoken at Mount Sinai Queens, illustrating one of the many ways in which the hospital serves its culturally diverse community

The health needs determined during the assessment were:

Access to Preventive and Primary Care and Health Insurance

Access to Mental Health Care and Poor Mental Health Status

Chronic Diseases and Contributing Lifestyle Factors

Access to Preventive and Primary Care and Health Insurance

Mount Sinai Hospitals on the Upper Eastside and in Queens had already established a large network of ambulatory care sites that enabled patients to access both preventive and primary care. The addition of the combination with the former hospitals of the Continuum System further enhances access to care for patients in Manhattan. In 2012 approximately 40% of patients in Manhattan had contact with a physician now affiliated with the Mount Sinai Health System.

While access to health insurance is critical to the residents we serve hospitals do not generally play a major role in this endeavor. As a system we do work with our uninsured patients to assist them in finding out if they qualify for Medicaid. Additionally, we do have a robust program of financial assistance for those who are uninsured and do not qualify for government assisted health insurance. It is also our hope that as awareness of available programs through the ACA increases access to health insurance will no longer be an impediment to accessing healthcare in the community.

Primary Care Institute

The Mount Sinai Health System makes finding a primary care doctor easy. Whether you need an annual checkup, a flu shot, or more comprehensive care for a chronic disease, the physicians of the Primary Care Institute are here for you. We have offices conveniently located throughout New York City and the surrounding areas making it easy to find a doctor close to where you live or work. Many of our offices are open evenings and weekends, and provide walk-in medical services

Care Institute are here for you. We have offices conveniently located throughout New York City and the surrounding areas making it easy to find a doctor close to where you live or work. Many of our offices are open evenings and weekends, and provide walk-in medical services.

Beth Israel Medical Group - 34th Street

55 East 34th Street
New York, NY 10016

Appointments: 212-252-6000

[Get Directions](#)

Beth Israel Medical Group - Brooklyn

135 North 7th Street
Brooklyn, NY 11211

Appointments: 718-218-0450

[Get Directions](#)

Beth Israel Medical Group - Manhattan - Lower East Side

94 East 1st Street

Beth Israel Medical Group - Manhattan - West Village

222 West 14th Street
New York, NY 10011

New York, NY 10009
Appointments: 212-677-2157

[Get Directions](#)

Beth Israel Medical Group - Midtown

55 East 34th Street
New York NY 10016
Appointments: 212-252-6000
[Get Directions](#)

Center for Health and Healing

245 Fifth Avenue 2nd and 3rd floors
New York, NY 10016
Appointments: 646-935-2280
[Get Directions](#)

**Dr. Andreas Cosmatos &
Dr. James Melis Medical Practice**

27-40 Hoyt Avenue South
Astoria, NY 11102
Appointments: 718-396-5055
[Get Directions](#)

**General Medical Associates - Phillips
Ambulatory Care Center**

10 Union Square East
New York, NY 10003
Appointments: 212-844-8100
[Get Directions](#)

Martha Stewart Center for Living

1440 Madison Avenue
New York, NY 10029
Appointments: 212-659-8552
[Get Directions](#)

Mount Sinai Internal Medicine Associates

17 East 102nd Street 7th floor
New York, NY 10029
Appointments: 212-659-8551
[Get Directions](#)

Mount Sinai Medical Associates (LFL)

84-52 63rd Avenue
Middle Village, NY 11379
Appointments: 718-446-4600
[Get Directions](#)

Mount Sinai Multispecialty Practice

31-41 45th Street
Astoria, NY 11103
Appointments: 718-335-5800
[Get Directions](#)

Appointments: 212-604-1800
[Get Directions](#)

Beth Israel Medical Group - Senior Health

275 Eighth Avenue
New York, NY 10011
Appointments: 212-463-0101
[Get Directions](#)

**Dr. Andreas Cosmatos &
Dr. James Melis Medical Practice**

27-47 Crescent Street Suite 201
Astoria NY 11102
Appointments: 718-726-0511
[Get Directions](#)

**Dr. Andreas Cosmatos &
Dr. James Melis Medical Practice**

44-01 Francis Lewis Blvd
Bayside, NY 11361
Appointments: 718-726-0511
[Get Directions](#)

Gramercy Park Physicians LLC

10 Union Square East Suite 5M1
New York, NY 10003
Appointments: 212-253-6800
[Get Directions](#)

**Mount Sinai Doctors - Brooklyn Heights - Family
Medicine/Primary Care**

300 Cadman Plaza West
Brooklyn, NY 11201
Appointments: 929-210-6000
[Get Directions](#)

Mount Sinai Medical Associates (LFL)

61-42 Maspeth Avenue
Maspeth, NY 11378
Appointments: 212-439-6000
[Get Directions](#)

Mount Sinai Medical Associates (LFL)

69-15 Yellowstone Blvd
Forest Hills, NY 11375
Appointments: 718-268-4500
[Get Directions](#)

Mount Sinai Multispecialty Practice

82-11 37th Avenue
Jackson Heights, NY 11372
Appointments: 718-899-7878
[Get Directions](#)

Mount Sinai Primary Care Associates

10 East 102nd Street 5th and 6th floors
New York, NY 10029

Appointments: 212-241-6585

[Get Directions](#)

Mount Sinai Queens Family Health

31-60 21st Street
Astoria, NY 11106

Appointments: 718-808-7300

[Get Directions](#)

Steinway Medical Group

22-02 Steinway Street
Astoria, NY 11103

Appointments: 347-242-2684

[Get Directions](#)

**UMPA -St. Luke's Medical Group -
Morningside Heights**

2771 Frederick Douglass Boulevard
New York, NY 10039

Appointments: 212-690-0303

[Get Directions](#)

UMPA at 81st Street

280 West 81st Street
New York, NY 10024

Appointments: 212-523-8672

[Get Directions](#)

UMPA at Esplanade

305 West End Avenue Suite 214
New York, NY 10023

Appointments: 212-523-2273

[Get Directions](#)

West Care Medical

780 Eighth Avenue Suite 303
New York, NY 10036

Appointments: 212-641-4500

[Get Directions](#)

West Park Medical Group

200 West 57th Street 15th and 16th floors
New York, NY 10019

Appointments: 212-247-8100

Mount Sinai Queens Family Health

31-60 21st Street
Astoria, NY 11106

Appointments: 718-808-7300

[Get Directions](#)

Mount Sinai Queens Physician Associates

27-15 30th Avenue
Astoria, NY 11102

Appointments: 718-808-7350

[Get Directions](#)

Steinway Medical Group

42-07 30th Avenue
Astoria, NY 11103

Appointments: 347-242-2684

[Get Directions](#)

UMPA at 59th Street - Columbus Circle (Brooklyn)

425 West 59th Street Suite 8A
New York, NY 10023

Appointments: 212-523-8672

[Get Directions](#)

UMPA at Amsterdam Avenue

1090 Amsterdam Avenue Suite 4A/C
New York, NY 10025

Appointments: 212-523-8672

[Get Directions](#)

West Care Internal Medicine

50 West 77th Street
New York, NY 10024

Appointments: 212-579-8558

[Get Directions](#)

West Care Medical

200 West 57th Street, Suite 1201
New York, NY 10019

Appointments: 212-765-4956

[Get Directions](#)

Access to Mental Health Care and Poor Mental Health Status

The East Harlem Community has a higher than average number of resident with mental health needs when compared to the rest of New York City. Mount Sinai Hospital maintains a robust program of Psychiatric and mental health services. This has been further enhanced by programs available at Mount Sinai St. Luke's and Mount Sinai Beth Israel.

From the time Mount Sinai established the first psychiatric clinic at a general hospital in New York, our specialists have practiced a commitment to excellence in mental health care. Our success is evident not only in our current U.S. News & World Report ranking among the top regional hospitals for psychiatry, but in our many patients who daily find relief from depression, gain control over an eating disorder, or are able to sustain recovery from a range of psychiatric conditions.

By integrating science-based treatments, leading-edge research, and personalized care, The Mount Sinai Hospital's Department of Psychiatry, part of the [Mount Sinai Behavioral Health System](#), has become a destination for challenging cases that haven't responded to treatment elsewhere. Our multidisciplinary team of psychiatrists, psychologists, and social workers is committed to giving patients of all ages the tools and support they need to achieve their highest level of mental health.

Providing Advanced Mental Health Services

In addition to our outpatient clinic, five inpatient units, and dedicated emergency room, the Department of Psychiatry is home to a series of [specialized treatment centers](#), which combine research, clinical service, and education into a comprehensive model of care for disorders ranging from Autism to Alzheimer's disease. This broad offering of services and centers provides patients with a spectrum of advanced treatment options, including pharmacotherapy, psychosocial treatments (such as Cognitive Behavioral Therapy), and device-based procedures (such as Deep Brain Stimulation and [Electroconvulsive Therapy](#)).

Our team of specialists draws from this range of treatments to tailor the best care plan for each patient. By combining extensive clinical experience with ongoing research, our experts are skilled in treating conditions that include the following:

- [Alzheimer's Disease](#)
- [Attention Deficit Hyperactivity Disorder \(ADHD\)](#)
- [Autism Spectrum Disorders](#)
- [Eating Disorders](#)
- [Mood Disorders \(such as depression and bipolar disorder\)](#)
- [Obsessive-Compulsive Disorder \(OCD\)](#)
- Personality and Impulse Control Disorders

- [Post-Traumatic Stress Disorder \(PTSD\)](#)
- Schizophrenia
- Substance Abuse
- [Tourette's Disorder](#)

Chronic Diseases and Contributing Lifestyle Factors

Mount Sinai Hospital and Mount Sinai Queens assist patients in treating and managing various chronic diseases. This includes programs and treatment for Cancer, Asthma, Diabetes, HIV/AIDS, Alzheimer's disease, Kidney Disease, Hypertension, and Pain Management. Additionally, we offer programs in the community to help patients help prevent these diseases and conditions.

Community Services & Programs

Mount Sinai maintains long-standing connections to the New York City, national and global communities, and the institution continues to expand the active roles it plays in health care service, research and education. The following are just a sampling of the extraordinary outreach services and programs we offer that are achieving success throughout the community.

Center for Advanced Medicine (CAM): this 150,000-square-foot, state-of-the-art outpatient facility houses many of Mount Sinai's community health care programs

East Harlem Health Outreach Partnership (EHHOP): Located in the [CAM building](#), Icahn School of Medicine student-run clinic, EHHOP provides affordable, high-quality, comprehensive care

Jack Martin Fund Clinic: A New York State Department of Health-designated AIDS center, also provides screening and treatment for infectious diseases including tuberculosis and hepatitis C co-infection

Linkage House: A residence for the community's elderly, offering safe and affordable housing, access to quality health care and programs to help its residents remain active

Martha Stewart Center for Living at Mount Sinai: provides elderly adults with access to medical care, healthy living activities, educational programs and resources to support specific needs and interest

Mount Sinai Adolescent Health Center: offers confidential, comprehensive medical, mental health, and prevention education services to your people from ages 10-22. [Map](#)

Mount Sinai Diabetes Center: ranked by U.S. News among the nation's top programs, the center designs personalized plans for treating and managing types 1 and 2 and pregnancy-associated diabetes and related disorders

Mount Sinai Comprehensive Health Program – Downtown: this Chelsea location is a full-service clinic offering HIV/AIDS testing, quality health care and counseling

Mount Sinai Visiting Doctors Program: the largest academic home-visit program in the nation, provides superior home-based care to adults with complex and serious illnesses

Community Partnerships

Mount Sinai maintains a network of affiliations, alliances, and partnerships with governing bodies, schools, religious institutions, social agencies, Chambers of Commerce, and, of course, our neighbors themselves. Our common mission is to increase access to quality care for medically underserved populations.

Community Roundtable

Mount Sinai hosts a monthly Community Roundtable to keep its pulse on the needs of East and Central Harlem communities. Approximately 80 community leaders, educators, elected officials, and Community Advisory Board members attend these meetings.

[See upcoming Roundtable events](#)

Our Partners

The Mount Sinai Health System representatives participate actively in monthly/quarterly meetings with the following organizations in its continuing efforts to address health care needs of the community.

- Abyssinian Development Corporation
- Boriken Neighborhood Health Center
- Bronx Aids Services
- Children's Aid Society
- Community Board No. 11 – Manhattan, Health & Human Services Committee
- East Harlem Chamber of Commerce
- East Harlem HIV Care Network
- East Harlem Partnership for Cancer
- Greater Harlem Chamber of Commerce
- Little Sisters of the Assumption Family Health Services
- New York Academy of Medicine
- New York City Housing Authority – Carver Houses Tenants Association and Johnson Tenants Association
- Jewish Home and Hospital
- Settlement Health Association
- Union Settlement Association
- Yorkville Common Pantry

Mount Sinai Queens strives to maintain a close relationship with other healthcare providers, community-based human service organizations, religious groups, business organizations, elected officials and community boards.

Programs with our Partners

The Hospital continues to strengthen its partnerships by collaborating with various organizations in order to develop a community-based network of care, education and support.

- The Queens Breast Health Partnership Program is part of the New York State Healthy Women Partnership. The program facilitates breast and cervical cancer prevention and early diagnosis for women who are 40 years and over or who are at risk and who are underinsured with limited income or uninsured. The program provides an annual comprehensive clinical breast examination, breast health education, mammogram, other necessary diagnostic services and a pap/pelvic examination at no cost. The monthly screenings are conducted at our Senior Health Center by a surgical oncologist and an adult nurse practitioner. A nurse and a team of community volunteers from SHAREing and CAREing, a community-based support group for women living with breast cancer, provide health education and outreach services.

- The Queens Colorectal and Prostate Initiative Program began in 1998 through funding from the American Cancer Society and the New York State Department of Health. The program provides free colorectal cancer screening and education to men and women who are 50 years and older or who are at risk and who are underinsured with limited income or uninsured.
- The Stay Well Program is sponsored by the New York City Department of Aging. This program provides monthly hypertension screening at area senior centers. An adult nurse practitioner from our Employee Health Department oversees the program. Referrals for follow-up care are provided as necessary. This program gives the information needed to monitor a vital health indicator and provides a supportive listener.

In addition to the above programs, the Hospital has established partnerships with the following organizations in its continuing efforts to advance health and healthcare in Western Queens:

- American Cancer Society
- Astoria Civic Association
- Catholic Charities Brooklyn & Queens
- City of New York Community Boards #1 and #2, Borough of Queens
- Community School District #30, Queens
- Gateway to Health Sciences Secondary School
- Goodwill Industries of Greater New York
- Greater New York Hospital Association, Community Affairs Forum
- Greek Orthodox Archdiocese of America Hellenic Cultural Center
- Hellenic Neighborhood Action Committee (HANAC)
- Jacob A. Riis Neighborhood Settlement Hou
- LaGuardia Community College
- Mandl School
- National Association for the Advancement of Colored People (NAACP)
- Plaza Business Institute
- 114 Police Precinct Community Council
- Queens Chamber of Commerce
- Ravenswood Resident Association, Inc.
- Selfhelp Community Services, Inc., Queensview/North Queensview
- SHAREing and CAREing
- Sunnyside Community Services, Inc.
- United Community Civil Association
- Visiting Nurse Service of New York

Annual Community Events

Mount Sinai Queens sponsors several annual community events.

- **Community Roundtable:** Given the enormity of Queens County and the diversity of its population, the Hospital developed an annual Community Roundtable to keep its pulse on the needs of the community. The focus is to engage community leaders, educators, elected officials and community residents in a discussion of ways in which the Hospital can improve and better serve the needs of the community. Participants also work together to brainstorm solutions and form preliminary and enduring partnerships to address many issues.
- **Pastoral Care Luncheon:** Mount Sinai Queens maintains relationships with area religious organizations and holds an annual Pastoral Care Luncheon that brings together clergy and other leaders from religious organizations. Each year, the reception features an educational session as well as an information-sharing component.
- **Community Health Fair:** Mount Sinai Queens joins forces with United Community Civil Association and New York Assembly Member Michael Gianaris to promote healthy lifestyles by sponsoring an annual **Community Health Fair** in June at St. Francis of Assisi Church in Astoria. Health fair participants learn about nutrition, exercise, smoking cessation and stress reduction, and take part in a wide variety of screenings, including:
 - Glucose and Cholesterol Levels
 - Blood Pressure

- Body Mass Index, Height and Weight
- Bone Density Monitoring/Osteoporosis
- Foot Screening/Podiatry

Mount Sinai Beth Israel

An 856-bed teaching hospital founded in 1889 on Manhattan's Lower East Side, Mount Sinai Beth Israel is notable for its unique approach to combining medical excellence with clinical innovation. The hospital has recruited world-class specialists to expand services in heart disease, cancer, neurology, and orthopedics. It also continues its long tradition of excellence in medical specialties including gastrointestinal disease, chemical dependency, psychiatric disorders, pain management and palliative care, and HIV/AIDS research and treatment. The hospital also has significantly advanced its commitment to community-based ambulatory care and expanding patient access to primary and specialty care.

Mount Sinai Beth Israel Brooklyn

A 212-bed community hospital located in Midwood, Mount Sinai Beth Israel Brooklyn has gone through numerous renovations and upgrades over the past decade to help expand its scope of services. The latest advances include a completely redesigned intensive care unit, new digital mammography equipment, and a state-of-the-art radiology suite. The hospital's Emergency Department also serves as a critical community resource, and it enjoys an excellent reputation in such specialties as cardiac care, general surgery, gynecology, orthopedics, and geriatrics.

The top health needs determined during this assessment were:

Access to Care

Services to the Elderly

HIV/AIDS

Access to Care

Mount Sinai Beth Israel established a large network of ambulatory and primary care sites to enable greater patient access throughout the communities we serve. When St. Vincent's Catholic Medical

Center closed Beth Israel took over operations of three key locations that had belonged to St. Vincent's. This included their Cancer Center on West 15th Street, Senior Medicine practice on 24th Street and Eighth Avenue a primary care facility on 14th street between seventh and eighth avenue. Additionally, Beth Israel opened an expanded facility offering primary and specialty care services on 23rd street and Eighth Avenue. Mount Sinai Beth Israel operates a large Primary and Specialty Care facility adjacent to Union Square Park. The formation of the Mount Sinai Health System further enhanced Beth Israel's ability to offer care in the community.

Mount Sinai Beth Israel Brooklyn maintains a primary and specialty care pavilion adjacent to the main hospital campus. Additionally, we have engaged a large network of attending physicians to meet the needs of the resident in our community.

Both Mount Sinai Beth Israel and Mount Sinai Beth Israel Brooklyn have a commitment to care for their patients regardless of their ability to pay. We have comprehensive financial assistance policy to assist patients who are uninsured and don't qualify for government subsidized health insurance.

Primary Care Offices Affiliated with Mount Sinai Beth Israel

Beth Israel Medical Group

202 West 23rd Street (at Seventh Ave.)
Walk-in primary and urgent care 24/7
(212) 352-2600

55 E. 34th St. (Between Madison and Park)
Primary and specialty care by appointment; urgent care
8am to 8pm
(212) 252-6000

Manhattan West Village
222 W. 14th St. (Between Seventh and Eighth Aves.)
Internal Medicine
(212) 604-1800
Pediatrics
(212) 604-1884

Manhattan, Lower East Side
94 E. 1st St. (at Avenue A)
Primary care
Monday through Friday, 9am to 5pm
(212) 677-2157

Japanese Medical Practice Hartsdale
141 South Central Ave.
Monday through Friday, 9am to 5pm
(914) 997-1200

General Medical Associates

Phillips Ambulatory Care Center

10 Union Square East (at 14th St.)
(212) 844-8100 (primary care)
(212) 844-8590 (ob-gyn)

Beth Israel Senior Health

275 Eighth Avenue (at W. 24th Street)
(212) 463-0101

Phillips Family Practice

16 East 16th St. (between Fifth Ave. and Union Square West)
Primary and specialty care by appointment
(212) 206-5200

Sidney Hillman Family Practice

16 East 16th Street, Third Fl. (Between Fifth Ave. and Union Square West)
(212) 924-7744

East 13th St. Family Practice

113 East 13th St. (Between Third and Fourth Aves.)
Monday through Friday, 9am to 5pm, some evenings, some Saturdays
(212) 253-1830

Community Health Centers

Mount Sinai Health System has strong relationships with the following community health centers:

Ryan Centers

Ryan Chelsea Clinton Community Health Center
Tenth Ave. (between 45th and 46th Sts.)
(212) 265-4500

Ryan-NENA Community Health Center
279 East 3rd St. (Between Avenue C and Avenue D)
(212) 477-8500

Thelma C. Davidson Adair/William F. Ryan Community Health Center
565 Manhattan Avenue (at W. 124th Street)
(212) 222-5221

William F. Ryan Community Health Center (UWS)
110 West 97th Street (between Columbus and Amsterdam Aves.)
(212) 749-1820

The Ryan Women's and Children Center
801 Amsterdam Avenue (at 99th St)
(212) 316-8300

Betances Community Health Center
280 Henry St. (Between Madison and Gouverneur Sts)
(212) 227-8843

Callen Lorde Community Health Center
356 W. 18th St. (between Eighth and Ninth Aves.)
(212) 271-7200

Charles B. Wang Community Health Center
268 Canal St. (at Crosby St.)
(212) 379-6933
125 Walker St.(at Canal St.)
(212) 226-3888

Mount Sinai Health System also has a partnership with local Duane Reade stores to offer convenient walk- in primary care. Staffed by physicians with admitting privileges to our hospitals, these sites have seven locations in Manhattan, evening and weekend hours.

[Duane Reade Walk-In Medical Centers](#)

Services to the Elderly

Beth Israel Senior Health

Welcome to Beth Israel Senior Health and Senior Health House Calls. We've tailored this program to your needs as an older adult.

If you are 65 years or older, our geriatrics physicians, nurse practitioners and social workers can help you enjoy better health, better quality of life-possibly even greater independence!

If you are a caregiver to an older adult, our many support services can help you, too.

And we make house calls...improving the lives of homebound older adults by providing high-quality medical and social services.

Because your needs are unique, so is our program. You benefit from:

Comprehensive care: We help you prevent problems, manage illness, and deal successfully with issues common to older people. We look at all parts of your life-medical, emotional, social and daily living-to see how these affect each other.

Interdisciplinary team approach: We work closely with your other health care providers as well as with community resources. We coordinate sensitively with everyone involved in your care-including family members, and other caregivers.

Individualized care: We focus on your goals for yourself. Do you want increased mobility? More social interaction? Less pain? You tell us how you want to improve your life, and then we help you achieve your goal. Our care is based on *your* age, your *medical* condition, *your* wishes and *your* cultural needs.

Senior Health is a geriatrics practice affiliated with Mount Sinai Beth Israel, and is located at 275 Eighth Avenue (24th Street) in Manhattan. Staffed by specialists trained in the care of older adults, we offer primary medical care, consultations with other physicians, and a wide range of support services, including house calls to the homebound.

Additionally, the Karpas Health Information Center works with numerous programs in the community to assist in monitoring the health conditions of seniors. Seniors in need of follow up services are encouraged to make an appointment with their own physicians. If the senior does not have one he or she is given a referral to a Mount Sinai Health System Physician.

Mount Sinai Beth Israel has affiliations with the following programs:

Co-op Village Naturally Occurring Retirement Community (NORC)

Best NORC Program

Chinatown NORC

Village View NORC

Vladeck Cares NORC

Sirovich Senior Center

Stein Senior Center

Stuyvesant Town Senior Lounge

Meltzer Senior Citizen Center

Mount Sinai Beth Israel Brooklyn employs a Social Worker whose function is dedicated to senior community outreach. Program affiliations include:

The Shorefront Y

Kings Bay Y

Trump Houses

Warbasse Houses

Sephardic Senior Center.

HIV/AIDS

The AIDS Center at Mount Sinai Beth Israel in New York City has been a leader in AIDS care since 1981. Accredited by the New York State AIDS Institute as a Designated AIDS Center (DAC), we have the experience and expertise to provide comprehensive services to meet your special health care needs.

With a multidisciplinary team approach, the world-renowned Peter Krueger Clinic offers everything you expect in outpatient HIV care: primary medical, gynecological, oral health care, mental health services, social work and COBRA case management, treatment education and adherence counseling, harm-reduction programs and nutritional support. Our patients also have access to cutting-edge treatments through the Beth Israel Clinical Trials Unit.

Should you require hospitalization, our inpatient unit is staffed with infectious disease specialists. For longer-term recovery, the Robert Mapplethorpe Residential Treatment Facility offers wide-ranging care and support. Our Project Share program helps women, regardless of HIV status, to reduce the harm of drug and/or alcohol use and to acquire new skills for independent living.

Our dedicated HIV care team includes doctors, physician assistants, nurses, social workers, psychiatrists, nutritionists, health educators, peer counselors, and other health care professionals

Mount Sinai Roosevelt

With 505 beds, [Mount Sinai Roosevelt](#) is a full-service community and tertiary-care hospital with an emergency department serving Midtown and the West Side of Manhattan. Since its founding in 1871, it has placed strong emphasis on primary and specialty care. Roosevelt Hospital serves as the home to several renowned clinical services, including those in endovascular surgery, cancer, cardiology, and obstetrics and gynecology. The hospital also maintains a strong primary care presence in its surrounding neighborhoods through ambulatory and physician practices and through longstanding partnerships with some of New York's largest federally qualified health centers, particularly the William F. Ryan Community Health Center.

Mount Sinai St. Luke's

With 523 beds, [Mount Sinai St. Luke's](#) serves as the principal health care provider for the West Harlem and Morningside Heights communities and operates one of Manhattan's few Level 1 trauma services. Founded in 1847, it is home to the Al-Sabah Arrhythmia Institute, a world-class, multidisciplinary center specializing in the care and treatment of heart ailments. St. Luke's Hospital also enjoys an outstanding reputation for services in many other medical specialties, including internal medicine, geriatrics, trauma, bariatric surgery, vascular disease, HIV/AIDS, cardiac care, physical rehabilitation, psychiatric disorders, and substance abuse. St. Luke's

Hospital also continues to expand its commitment to community-based ambulatory care and access to primary and specialty care.

The three top health needs identified in this assessment were:

Diabetes

Heart Disease

Addiction Services

Diabetes

The formation of the Mount Sinai Health System has led to some changes in the delivery of service at Mount Sinai St. Luke's and Mount Sinai Roosevelt. Currently a diabetes program is not available on either campus. There are a number of primary care physicians available to see patients with diabetes. They include:

[Blandine Laferrere, MD](#)

1090 Amsterdam Ave, Suites 4A & 4C
New York NY 10025
Telephone: (212) 523-8672
Fax: (212) 531-7630

[Aastha Pal, MD](#)

1090 Amsterdam Avenue, Suite 4A & 4C
New York NY 10025
Telephone: (212) 523-8672
Fax: (212) 531-7630

30 West 60th Street
New York NY 10019
Telephone: (212) 523-8672
Fax: (212) 819-6893

[Naa Abia Casely-Hayford, MD \(formerly known as Ofosu-Amaah\)](#)

2772 Frederick Douglas Boulevard
New York NY 10039
Telephone: (212) 690-0303

Natalya Tkachenko, MD

1090 Amsterdam Avenue, 4th floor
New York NY 10025
Telephone: (212) 961-5500
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Patients can access services from Mount Sinai Beth Israel at The Friedman Diabetes Institute.

About the Friedman Diabetes Institute

Diabetes is among the most common health conditions in the United States today. Over 20 million Americans have diabetes and many of these people have yet to be diagnosed. In New York City alone, nearly one in ten adults have diabetes and it is the fifth most common cause of death.

[Beth Israel Medical Center](#) opened the Gerald J. Friedman Diabetes Institute in Spring 2007 to address the growing diabetes epidemic. In addition to supporting research on diabetes, the Friedman Diabetes Institute offers a variety of methods to help patients with diabetes manage their disease and avoid serious problems.

Our Mission

The mission of the Gerald J. Friedman Diabetes Institute at [Beth Israel Medical Center](#) is to provide the highest quality comprehensive diabetes care; to raise public awareness of the needs of people with diabetes; to conduct research in diabetes; and to provide education for people with diabetes and their families, as well as for the general public and medical professionals.

Our mission is best summarized by the acronym C A R E

C are of patients

A wareness of their needs

R esearch into causes and mechanism of diabetes

E ducation of patients, the general public, and health professionals about diabetes

The goal of these activities is to provide better management of the disease, prevent complications, and achieve optimal health.

Clinical Services

Clinical services offered at the Friedman Diabetes Institute include:

Individual or group education series that focus on:

- Blood glucose monitoring
- Basic nutrition and meal planning
- Medications
- Prevention of sudden (acute) complications
- Prevention of long-term (chronic) complications
- Insulin Pump Training
- Program for children with diabetes
- Education for pregnant women with diabetes

Support Groups

- Monthly meetings of people with type 1 diabetes
- Monthly meetings of people with type 2 diabetes

Services can also be accessed at Mount Sinai Hospital at the Mount Sinai Diabetes Center.

The Mount Sinai Diabetes Center

U.S. News & World Report ranks Mount Sinai among the top 15 diabetes programs in the United States. The American Diabetes Association has recognized the Mount Sinai Diabetes Center as a Center of Excellence. As a leader in the field and as part of a world-class academic medical center, we provide highly specialized, state-of-the-art care for people with diabetes and related disorders. Our goals are reflected in our motto: Prevent. Control. Thrive. We want to help you prevent and manage complications associated with diabetes and take control of your health so you can continue to live well and thrive.

Our motto: Prevent. Control. Thrive.

As a leader in the field of diabetes treatment, the Mount Sinai Diabetes Center provides patient-centered compassionate and comprehensive care for people with type 1, type 2, gestational (pregnancy related) diabetes, and related disorders. Our experienced, multidisciplinary team of specialized physicians, registered dietitians, nurse practitioners, and certified diabetes educators work together to create an individualized treatment program using state-of-the-art clinical therapies and the latest research. And we partner with your primary care provider to ensure you get the most thorough care possible.

Diabetes is a serious, chronic condition and the possibility of severe complications is very real. With a personalized treatment plan provided by the physicians and staff of the Mount Sinai Diabetes Center, you can manage your disease and lower your risk of serious – even life-threatening – complications including eye-damage (retinopathy), kidney damage (nephropathy), nerve damage (neuropathy), foot problems and cardiovascular disease to name a few.

Comprehensive, Multidisciplinary Treatment

Based on the type of diabetes you have, your age, lifestyle, overall health and whether you have other chronic conditions, we design an individualized treatment and management plan with your future in mind. Specialists from neurology, ophthalmology, podiatry, vascular surgery, nephrology, cardiology, internal medicine, urology, surgery and other specialties at The Mount Sinai Hospital are called upon as needed to assist in your care. Thanks to our new electronic medical record system, [My Chart](#), we can ensure that your care remains seamless whether you're seeing one of our specialists or your primary care physician.

By closely working with other specialties, and monitoring your results carefully, we work to prevent future complications, control the progression of disease, and help you recover from poor diabetes control or from related complications. With proper long-term treatment, early interventions before problems develop, and through our American Diabetes Association (ADA)-recognized diabetes education programs at the Diabetes Center, we can help you lead a healthy and productive life.

The care you get from our staff is only one side of the equation. Our goal is to empower you to control your disease. We offer self-management training in meal planning, physical activities, oral and injectable medications, and, if needed, various forms of insulin therapy. Many patients and their families who are initially overwhelmed by their diabetes diagnosis find support when they come to our free diabetes classes.

In our practice, we routinely treat patients using the latest technological developments and are constantly performing research into diabetes and related endocrine disorders. All of our work as researchers, clinicians, and educators has but one goal: to make everyday life better for our patients – every single day of the year.

There is active recruitment underway to find physicians to establish a diabetes program at Mount Sinai St. Luke's.

Heart Disease

At Mount Sinai St. Luke's:

- We're state-of-the-art for the state of your heart. We diagnose and treat a wide variety of cardiac conditions, including angina, arrhythmia, heart failure, hypertension, and hypertrophic cardiomyopathy.

[Angina](#)

Learn more about angina diagnosis and comprehensive options for angina treatment through our cardiology program.

[Arrhythmias](#)

Find out about the arrhythmia conditions we treat and our non-surgical and surgical approaches to treating all arrhythmia conditions.

[Heart Failure](#)

Our program offers a unique approach to heart failure, focusing on both early and late stages of the disease.

[Hypertension](#)

Our Hypertension Program is at the forefront of comprehensive care for high blood pressure.

[Hypertrophic Cardiomyopathy](#)

Our Program is the only one in the tri-state area specializing in the diagnosis and treatment of hypertrophic cardiomyopathy (HCM).

- The Center for Cardiovascular Disease Prevention welcomes patients for either a one-time consultation or for ongoing counseling and treatment. We take referrals from other health care providers but you may also make your own appointment to see us.

After each visit, you will receive a written summary and treatment plan. We will coordinate plans with a primary provider or specialist if you are already receiving medical care.

People who may benefit from our program include:

- those with one or more risk factors
- a family history of cardiovascular disease or diabetes
- have just had bypass surgery or a stent placed
- suffered a stroke

We have assembled a team of experts ready to help.

Components of the Program

- Cholesterol and advanced lipid testing
- Management of high blood pressure
- Smoking cessation

- Nutrition and weight loss evaluation
 - Physical fitness assessment and exercise counseling
 - Screening tests for heart attack, stroke, and vascular disease
 - Cardiovascular disease screening for participation in [sports and exercise](#)
- Our interventional cardiologists belong to a special branch of cardiology that uses minimally invasive, non-surgical procedures to treat cardiovascular disease. Many procedures require an overnight stay in the hospital, but in some cases, you may go home the same day.

Conditions We Treat

In addition to interventional heart procedures, our catheterization laboratory has the expertise to treat peripheral arterial disease, including artery blockages in the legs, kidneys, and neck, without surgery.

[Angioplasty and Percutaneous Coronary Stenting](#)

Angioplasty and percutaneous coronary stenting are procedures to widen or hold open narrowed or blocked arteries.

[Atherectomy](#)

Coronary atherectomy is used to remove or reduce large plaque deposits from coronary arteries.

[Balloon Valvuloplasty](#)

Balloon valvuloplasty, also called percutaneous balloon valvuloplasty, is a procedure used to enlarge a narrowed, or stenotic, heart valve.

[Catheter Ablation](#)

Catheter ablation uses a catheter introduced inside the heart to record information or to reproduce an arrhythmia to identify its precise location.

[Coronary Thrombectomy](#)

Coronary thrombectomy is a minimally invasive procedure performed to remove a blood clot, from a coronary artery or other blood vessel.

- The Al-Sabah Arrhythmia Institute at Mount Sinai St. Luke's on Manhattan's West Side, is a state-of-the-art electrophysiology facility that offers the most advanced, sophisticated and compassionate [arrhythmia](#) care.

Funded by His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah, the Amir of Kuwait, the 21,000 square foot Institute has the capacity to serve more than 3,000 patients annually and is the only facility focused specifically on arrhythmias in the New York City metropolitan area.

This world-class facility is being directed by Dr. Conor Barrett, an recognized leader in arrhythmia management and ablation procedures. Throughout his career, Dr. Barrett has focused on innovative advances in the treatment of atrial fibrillation and other complex arrhythmias. The opening of the Al-Sabah

Arrhythmia Institute is a perfect match to his life-long goal of improving patient care through [catheter ablation](#) and specialized techniques.

A New Centralized Facility

The opening of the Al-Sabah Arrhythmia Institute allowed Mount Sinai Beth Israel, Mount Sinai St. Luke's and Mount Sinai Roosevelt to consolidate all the arrhythmia service's physical plants into one state-of-the-art facility, designed to accommodate growing patient demand, shorter waiting periods for elective procedures, and allow for unrestricted research and training opportunities. The Institute features:

- A clinical outpatient center, with a waiting area and information resources.
- Three electrophysiology laboratories for performing catheter-based procedures, device implantations, and diagnostic studies.
- A research laboratory for conducting both clinical and basic research on arrhythmia mechanisms and treatments.
- An education center for training advanced fellows, practicing electrophysiologists and other medical professionals.

With an expanding emphasis on preventive and ambulatory care, the clinical outpatient center is the portal through which most patients enter the Arrhythmia Institute. Complete with a Wi-Fi enabled waiting room, reception area, nursing station and seven consultation/exam rooms, the clinical outpatient center is where all consultations with arrhythmia patients and their loved ones and data collection for clinical trials take place. The Institute's mission is to provide outstanding arrhythmia care, offer physician and patient education and train tomorrow's specialists, while conducting ongoing research to clarify the mechanisms of cardiac arrhythmias and develop improved methods for diagnosis and treatment. With a diverse team of world-renowned physicians and researchers specializing in arrhythmias, the Institute has created an environment of intellectual collaboration and medical advancement that continues to attract and retain leaders in the field to assure excellent patient care and groundbreaking research.

The Institute's clinical team is dedicated to providing curative therapy for virtually all cardiac arrhythmias by using highly innovative and complex catheter techniques and improving the welfare and outcome of patients with heart disease through the use of sophisticated implantable devices. The Institute is also equipped with the leading edge [Stereotaxis Robotic Navigation](#).

- The Mount Sinai St. Luke's Cardiology Faculty Practice at 125th Street offers patients and referring physicians a central location in Northern Manhattan in which all their cardiology needs can be met in comfort.

Who We Are

Our practice is made up of board certified cardiologists who bring a wide breadth of expertise in the diagnosis and treatment of cardiovascular disease to our patients. Patients are greeted by our welcoming and warm staff members, many of whom are bi-lingual in English and Spanish. We also offer onsite cardiovascular testing.

Services Offered

- General Cardiology Consultation

- Preventive Cardiology
- Electrophysiology Consultation
- Pacemaker and Defibrillator Clinic
- Invasive Cardiology Consultation
- Hypertrophic Cardiomyopathy Consultation
- Cardiovascular Imaging
- Echocardiography
- Stress Echocardiography
- Stress Nuclear
- MUGA
- Peripheral Vascular Imaging
- Arrhythmia Diagnoses
- 24-Hour Holter Monitoring
- 30-Day Monitors

Mount Sinai Roosevelt

• Conditions We Treat

Mount Sinai Roosevelt's board-certified cardiologists are here for our patients, every step of the way. A full spectrum of cardiology services allows for more timely evaluations of and earlier interventions for heart conditions, as well as for continued monitoring after cardiac treatment.

[Angina](#)

Learn more about angina diagnosis and comprehensive options for angina treatment through our cardiology program.

[Arrhythmias](#)

Find out about the arrhythmia conditions we treat and our non-surgical and surgical approaches to treating all arrhythmia conditions.

[Heart Failure](#)

Our program offers a unique approach to heart failure, focusing on both early and late stages of the disease.

[Hypertension](#)

Our Hypertension Program is at the forefront of comprehensive care for high blood pressure.

[Hypertrophic Cardiomyopathy](#)

Our Program is the only one in the tri-state area specializing in the diagnosis and treatment of hypertrophic cardiomyopathy (HCM).

- **The Center for Cardiovascular Disease Prevention at Mount Sinai Roosevelt welcomes patients for either a one-time consultation or for ongoing counseling and treatment. We take referrals from other health care providers, but you may also make your own appointment to see us.**

A Treatment Plan Created Just for You

After each visit to Mount Sinai Roosevelt, you will receive a written summary and treatment plan. If you are already receiving medical care, we will coordinate plans with your primary provider or specialist.

People Who May Benefit from Our Program Include:

- Cardiac patients with one or more risk factors
- A family history of cardiovascular disease or diabetes
- Have just had bypass surgery or a stent placed
- Have suffered a stroke

Components of The Program

- Cholesterol and advanced lipid testing
- Management of high blood pressure
- Smoking cessation assistance
- Nutrition and weight loss evaluation
- Physical fitness assessment and exercise counseling
- Screening tests for heart attack, stroke, and vascular disease

Mount Sinai Roosevelt's interventional cardiologists belong to a special branch of cardiology that uses minimally-invasive, non-surgical procedures to treat cardiovascular disease. These procedures are performed in the [Cardiac Catheterization Lab](#), also called the cath lab. Many procedures require an overnight stay at Mount Sinai Roosevelt, but in some cases, you may go home the same day.

Cardiac Conditions We Treat

Interventional cardiologists at Mount Sinai Roosevelt use thin, flexible catheters or tubes, usually guided to the heart through an artery in the groin, to perform diagnostic tests, evaluate, treat and repair blocked, narrowed or damaged arteries, valves and vessels.

In addition to interventional heart procedures, Roosevelt's interventional cardiologists have the expertise to treat peripheral arterial disease, including artery blockages in the legs, kidneys, and neck, without surgery.

[Angioplasty and Percutaneous Coronary Stenting \(PCI\)](#)

Angioplasty and percutaneous coronary stenting are procedures to widen or hold open narrowed or blocked arteries.

[Atherectomy](#)

Coronary atherectomy is used to remove or reduce large plaque deposits from coronary arteries.

[Balloon Valvuloplasty](#)

Balloon valvuloplasty, also called percutaneous balloon valvuloplasty, is a procedure used to enlarge a narrowed, or stenotic, heart valve.

[Catheter Ablation](#)

Catheter ablation uses a catheter introduced inside the heart to record information or to reproduce an arrhythmia to identify its precise location.

[Coronary Thrombectomy](#)

Coronary thrombectomy is a minimally-invasive procedure performed to remove a blood clot from a coronary artery or other blood vessel. Cardiovascular disease screening for Mount Sinai Roosevelt's digital catheterization lab has been entirely re-configured with a dual positioner imaging system, so we can better serve our cardiac patients.

A More Focused Approach

State-of-the-art technology allows our highly trained staff to utilize a focused approach to patients with vascular disease. These advanced imaging systems can diagnose and treat arterial blockages in the brain, kidney, abdominal, and leg arteries. The cardiac catheterization lab performs all cardiac studies, and serves in conjunction with the Ambulatory Surgery Center as an ideal location for a pleasant outpatient cardiac catheterization experience

Addiction Services

At Mount Sinai St. Luke's, and Mount Sinai Roosevelt we are committed to helping individuals recover from substance addictions in a safe and comfortable environment. Our patients are provided with state-of-the-art, evidence-based treatment in a range of settings, including inpatient, outpatient, residential, and school programs.

About Us

At [The Addiction Institute of New York](#), we help individuals to recover from substance addictions. We provide the best possible treatments for people who struggle with alcohol, heroin, cocaine, nicotine, and other addictions, and offer the widest possible range of inpatient, outpatient, residential, and school programs for all levels of severity of illness and all levels of socioeconomic status. We take care of addicted people from pre-birth to old age, we also conduct federally funded research, and teach the new generation of professionals the art and science of addiction medicine.

We believe that alcohol and drug dependency are treatable illnesses that affect individuals, their families, employers, and society. We provide state-of-the-art, evidence-based treatment, as well as training of professionals and research on addictive disorders. We also provide motivation enhancement therapy for those individuals who are trying to decide whether or not they have a substance use disorder and whether they want to commit to a treatment experience. All patients can access the full range of services provided at [The Addiction Institute of New York](#), as well as the medical and psychiatric services of Mount Sinai St. Luke's and Mount Sinai Roosevelt.

Adults

We take care in assessing each individual's condition and helping decide on the most appropriate treatment for their condition.

Children

Our programs for children and adolescents are designed to help patients learn to effectively cope with life stresses and change their current behaviors.

Seniors

At St. Luke's, we understand the unique circumstances that seniors face, and provide treatment tailored to meet their specific needs.

Adults

We are committed to providing individuals dealing with addiction with the care and respect they deserve. We take care in evaluating each patient's unique conditions, and deciding on the treatment program that is best suited for their individual needs.

Evaluation Services

State-of-the-art treatment begins with a sensitive consultation and a comprehensive evaluation. Our focus is to engage the patient in their process of change. Clinical assessments and recommendations are provided by a team of experienced medical and mental health professionals within a framework of evidence-based practice guidelines.

If you are considering treatment, please ask your provider to complete an intake form prior to the first appointment.

Inpatient Services

We help determine the most appropriate type of care for our patients, and provide support as they transition to their post-treatment lives.

Outpatient Services

We offer unique services for employed individuals, pregnant women, abuse and trauma survivors, and patients who want the support of a group that meets more than once or twice a week.

Children and Adolescents

We understand how addiction affects not only the substance user, but also the family as a whole. Our programs are designed to help families understand their loved one's condition, and to encourage children

and adolescents to restructure their lives so that they can become more motivated individuals, feel more in control of their behavior, and go on to lead healthy and independent lives.

[Comprehensive Addiction Program for Adolescents \(CAPA\)](#)

The Comprehensive Addiction Program for Adolescents (CAPA) is a “track” of the Comprehensive Adolescent Rehabilitation and Educational Service (CARES) that serves adolescents (ages 14-19) who are struggling with substance abuse, either as active users interested in stopping, or as persons in recovery. This program is designed for those teens who require a significant level of structure to turn their lives around, but who can continue to live in the community. An integrated substance abuse/mental health model is used to allow for identification and treatment of all relevant issues.

CAPA is run in collaboration with The Addiction Institute of New York, and provides an alternative for New York City teenagers who have just started abusing substances or who have already been in significant substance-related trouble. These problems may include: depression and other mood-related disorders, mild to moderate behavior problems (angry outbursts, disrespect, breaking family rules, lying, truancy, early run-ins with the police), school problems, and/or legal problems.

We help teenagers become motivated, examine and change their destructive behaviors, learn to cope effectively with life stresses, and become abstinent from mood-altering substances. Based upon the needs of the teenager and her or his family, we provide an intensive day-treatment program in combination with on-site New York City Department of Education educational services.

[College Outreach Prevention Education \(COPE\)](#)

For many students, being away from home for the first time provides an opportunity to experiment with new behaviors in a relatively unregulated atmosphere. The combination of increased freedom from parental control, the social acceptability of chemical use, and the availability and access to substances of abuse may produce dangerous ground for addictive disorders. The COPE Program is designed to assist colleges and universities in identifying, assessing, and treating graduate and undergraduate students with chemical abuse problems.

Family Program

The effects of addiction on the substance user are obvious. Less obvious, but just as devastating, are the effects of addiction on those who care about someone with a substance use disorder. This includes parents, children, spouse, siblings, partner, friends, co-workers, etc. At The Addiction Institute of New York, we know that providing information about addiction and support to family members not only improves the quality of their lives, but can also be one of the greatest predictors of a positive outcome for the substance abuser.

Seniors

We understand the unique circumstances that senior citizens struggling with substance abuse face, and we work to help seniors overcome their addiction and live healthy and independent lives.

Senior Citizens Services Program

The Senior Citizens Services Program is tailored to meet the specific needs of the older individual. The program utilizes a holistic treatment approach, which looks at the unique psychological, social, and health problems of older patients. Case management services are provided to help patients optimize their ability to live independently in the community.

New York Eye and Ear Infirmary of Mount Sinai

With 69 certified beds, the [New York Eye and Ear Infirmary of Mount Sinai](#) is one of the world's leading facilities for the diagnosis and treatment of all diseases of the eyes, ears, nose, and throat, as well as related conditions. Founded in 1820 as the nation's first specialty hospital, New York Eye and Ear manages more than 30,000 surgical cases and 225,000 outpatient visits per year. New York Eye and Ear is regularly ranked as one of the best hospitals in America, according to *U.S. News & World Report*, and was awarded Magnet status for excellence in nursing care.

New York Eye and Ear Infirmary of Mount Sinai is a specialty Hospital primarily focused on the diseases of the eye and ear. The top needs identified by New York Eye and Ear related to insurance and care. The physical location of the facility is very similar to that of Mount Sinai Beth Israel. The needs determined by the Infirmary have been thoroughly covered in previous portions of this document.

The Infirmary's ability to enhance services in their specialties is a great asset to the overall ability of the Mount Sinai Health System to deliver high quality medical care throughout our entire service area.

